



coram 
Life Education

**Coram Life
Education & SCARF
Impact Report
2024/25**

SCARF in numbers

Every year we work with hundreds of thousands of children, teachers and schools.

609,682

PUPILS RECEIVED SCARF
LESSONS

WE ARE THE CHOSEN
PROVIDER OF PSHE IN
2,789 SCHOOLS

50,000

TEACHERS
SUBSCRIBE TO OUR
ONLINE SCARF
RESOURCES



382,356 CHILDREN
PARTICIPATED IN
SCARF WORKSHOPS



We're proud to continue being the trusted PSHE partner of nearly 2,800 schools across the UK - supporting children's health, wellbeing, and personal development through our SCARF curriculum and workshops.

As we approach our 40th anniversary in 2026, we remain committed to helping schools deliver high-quality, values-based education. Next year marks the launch of our ambitious five-year plan, ensuring SCARF continues to meet the evolving needs of children, families and educators.

Together, we're building confident, resilient learners and creating lasting change in classrooms nationwide.

Donna Hill
Head of Coram Life Education

Impact on pupils

To better understand the impact of SCARF in schools, we asked teachers how they feel the resource supports the children in their school.

SCARF plays a vital role in supporting children's emotional wellbeing by helping them understand and manage their own feelings and behaviour. Through engaging, age-appropriate activities, SCARF empowers pupils to build resilience, develop empathy, and navigate social and emotional challenges with confidence. This foundation is essential not only for their personal development but also for creating a positive, inclusive school environment where every child feels safe, supported, and ready to learn.

85% MANAGING THEIR OWN
FEELINGS AND
BEHAVIOUR

72% UNDERSTANDING HOW
TO KEEP THEMSELVES
SAFE

78% KNOWLEDGE OF HOW
TO KEEP THEMSELVES
PHYSICALLY HEALTHY

76% KNOWLEDGE OF HOW
TO LOOK AFTER THEIR
MENTAL HEALTH

71% DEVELOPING
RESPECTFUL
RELATIONSHIPS

72% ENCOURAGING PUPILS
TO EXPRESS AN
OPINION



Impact on teacher confidence

SCARF gives teachers the confidence to deliver high-quality PSHE, with most reporting stronger understanding of pupil wellbeing and improved teaching across their school. It's a trusted, essential part of their PSHE toolkit.

92% ARE MORE
CONFIDENT TO
TEACH PSHE

90% HAVE A DEEPER
UNDERSTANDING OF
THEIR PUPILS'
WELLBEING NEEDS

91% 
SAY IT HAS IMPROVED PSHE
TEACHING IN THEIR SCHOOL

91% SCARF IS, OR WILL
BECOME, AN ESSENTIAL
PART OF OUR SCHOOL'S PSHE,
MENTAL HEALTH AND
WELLBEING PROGRAMME

"The resources are engaging, age-appropriate, and align well with the PSHE curriculum. They support children's emotional, physical, and mental wellbeing, while also promoting values such as respect, empathy, and confidence. SCARF helps to create a safe and supportive environment where children feel empowered to make positive choices"

SCARF school,
Northamptonshire

Teacher feedback

In today's educational landscape, teachers face increasing pressures - from curriculum demands and administrative tasks to the emotional labour of supporting pupils' wellbeing.

At SCARF, we understand these challenges and are committed to being part of the solution. That's why we're absolutely delighted that 95% of teachers tell us SCARF helps reduce their workload. This powerful feedback reinforces our mission to provide practical, time-saving resources that support teachers while enhancing outcomes for children.

95% SCARF HELPS TO
REDUCE TEACHER
WORKLOAD

94% SCARF IS EASY TO
ACCESS

"The whole Coram package allows us to be confident in our delivery of PSHE and reduces workload: all resources are prepared and ready to use. The planning is detailed and any enquiries to the team are answered quickly. It ensures that we are covering the curriculum"

SCARF teacher, SCARF school



SCARF workshops

Our educator-led workshops bring PSHE to life in the classroom - transforming lessons into meaningful, interactive experiences. By modelling best practice and creating safe, inclusive spaces for discussion, these sessions enrich the curriculum and give both pupils and teachers the confidence to explore big ideas around feelings, relationships, and wellbeing. They're not just workshops - they're catalysts for connection, understanding, and lasting impact.

99% THE WORKSHOP
WAS WELL
DELIVERED

99% THE WORKSHOP
MET THE PUPILS
NEEDS



SCARF International

Coram Life Education & SCARF is the chosen partner for schools for PSHE and wellbeing education with 2700+ subscribing schools in 16 countries.

"The framework is perfect, it's ideal. It provides anything that you could possibly need."

SCARF teacher, International school

SCARF is meticulously crafted to align with international standards and addresses the challenges faced by students globally. Our resource covers a wide range of topics, including mental health, relationships, diversity and inclusion.

SCARF International is trusted by a vibrant and diverse community of schools across the globe, reflecting its universal relevance and adaptability. From the bustling cities of Lagos, Jakarta, and Bangkok, to the serene landscapes of Switzerland, Northern Ireland, and Jersey, SCARF supports educators in delivering high-quality wellbeing education.

Schools in Vietnam, Morocco, Uganda, Tanzania, and Kazakhstan benefit from its culturally responsive approach, while institutions in Spain, Saudi Arabia, and the Czech Republic value its alignment with international standards.

This global footprint showcases SCARF's commitment to nurturing inclusive, resilient, and emotionally healthy learning environments worldwide.



SCARF School

St Andrew's Church of England Primary School, Oswaldtwistle

For over 20 years, Life Education Lancashire & Cumbria has visited St Andrew's Church of England Primary School in Oswaldtwistle, with SCARF supporting their PSHE curriculum since 2017. Headteacher Tina Wilkinson shares how SCARF has become an essential part of school life.

"It's the personal touch and the quality of the resources. Everything is there."

Tina Wilkinson,
Headteacher

Tina first discovered SCARF through a local school presentation and was immediately impressed: "We thought wow, we must sign up - and we've not looked back since." She praises SCARF's comprehensive resources and flexibility, which allow teachers to adapt lessons easily: "It's all planned and ready. It's helped teachers change how they teach and support different year groups."

The school's long-standing relationship with Coram Life Education educator Karen adds a personal touch. "The children always look forward to seeing Karen. She tailors sessions to our needs, which is invaluable," Tina says.

Pupils across year groups shared what SCARF means to them, highlighting values like safety, friendship, and kindness. They enjoy learning how to make decisions, stay healthy, and treat others with respect. One pupil said, "It's good because we learn how to keep ourselves safe."

Tina notes the impact of having an external educator: "Children feel more comfortable asking questions, especially around sensitive topics like relationships or online bullying." She adds, "Hearing from someone outside the school helps them realise these issues affect many children - it's powerful."



SCARF Early Years

This year marked the exciting launch of SCARF Early Years, a dedicated resource for nursery-aged children, designed to support the foundational growth of young children.

SCARF Early Years equips settings with engaging tools to nurture Personal, Social, and Emotional Development (PSED). Through stories, play, and interactive activities, children begin to explore their emotions, build social skills, and form positive relationships - laying the groundwork for emotional resilience and lifelong wellbeing.

"A wonderful workshop for our nursery children, with awe and wonder, along with teaching about healthy eating and looking after ourselves"

Nursery teacher, SCARF Early Years setting



What teachers told us...

99% WOULD
RECOMMEND
SCARF



"Excellent high quality materials, well organised and progressive."



"Fantastic programme which helps all staff and children feel confident in teaching, delivering and learning all about PSHE."



"SCARF is valued in the school as a complete, well-resourced and up-to-date programme."



"Fantastic workshop, all children are always engaged, they enjoy the session and take away key knowledge about keeping themselves mentally healthy."

SCARF Policy and Practice

Our partnership with Newcastle University combines our experience in supporting children's health and wellbeing with Newcastle's academic expertise, enabling impactful research and practical initiatives to improve young lives.

Work with the Open Lab team explores how digital technology affects children's wellbeing, incorporating the voices of children, parents/carers, and key stakeholders. The collaboration empowers children to navigate digital spaces confidently, kindly and safely - supporting their development in a connected world. A Newcastle PhD student contributes by researching child-centred digital experiences that promote safety, creativity, and emotional growth, with a focus on children with SEND.

This work informs policy, advocates responsible tech design, and strengthens our core work with children, teachers, and families.

Through Newcastle's Population Health Sciences Institute and NIHR funding, we're also developing resources and teacher guidance for younger children affected by parental substance use. Based on the award-winning storybook *Twinkle, Twinkle, Arti* - created with input from families, educators, and Coram Life Education practitioners - the project helps children process emotions and engage in sensitive conversations with trusted adults.

This partnership reflects a shared commitment to evidence-based practice, using research for real-world impact, influencing policy, and creating resources that empower children and support educators.



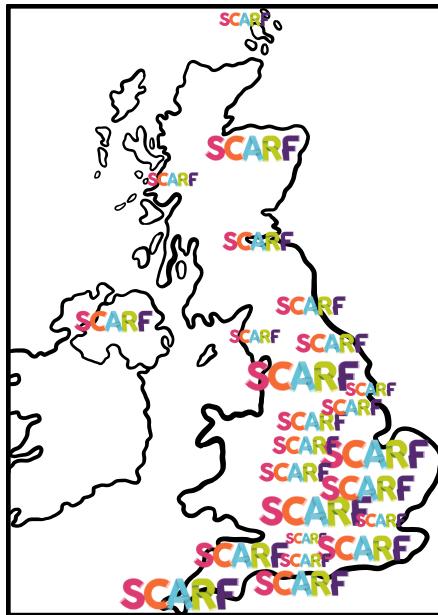
SCARF in local communities

Coram Life Education's pupil workshops are delivered locally by our partners across England.

Fully aligned with the DfE statutory RSHE requirements and the National Curriculum, our workshops are designed to spark curiosity, build resilience, and promote emotional literacy.

Children are encouraged to find their voice, express their feelings, and make positive choices - all in a safe, magical learning environment brought to life by Harold the healthy-living giraffe.

Our educators bring the power of PSHE to life in schools with SCARF workshops.



Contact Us

To find out more about our work please get in touch:

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