



Harold's 40 Acts of Kindness Calendar

WEEK 1: SAFETY

Hold a safe adult's hand when crossing the road.	Help tidy toys or games so no one trips over them.	Remind others to wear sunscreen and drink water on hot days.	Stay with a friend or sibling so they don't feel alone.
Tell a safe adult if someone looks upset or unsafe.	Take care of the planet by turning off lights when you don't need them.	Play fairly and kindly so everyone can enjoy the game.	Help carry something safely if someone is struggling.

