



Harold's 40 Acts of Kindness Calendar

WEEK 2: CARING

Ask someone, "Are you okay?" and listen.	Draw a picture or write a note to make someone smile.	Help with a small job at home without being asked.	Give someone a compliment (e.g. "You're really good at that!").
Share your toys kindly.	Say "thank you" and "please" often.	Help a neighbour, friend, or family member with something simple.	Let someone else choose a game or activity.

