



Harold's 40 Acts of Kindness Calendar

WEEK 5: FRIENDSHIP

Invite someone to play with you.	Take turns fairly in games.	Include someone who is on their own.	Be kind if someone is different from you.
Sit or spend time with someone who might feel lonely.	Say sorry if you upset someone.	Use kind words when talking to others.	Do one kind thing and encourage someone else to do one too.

