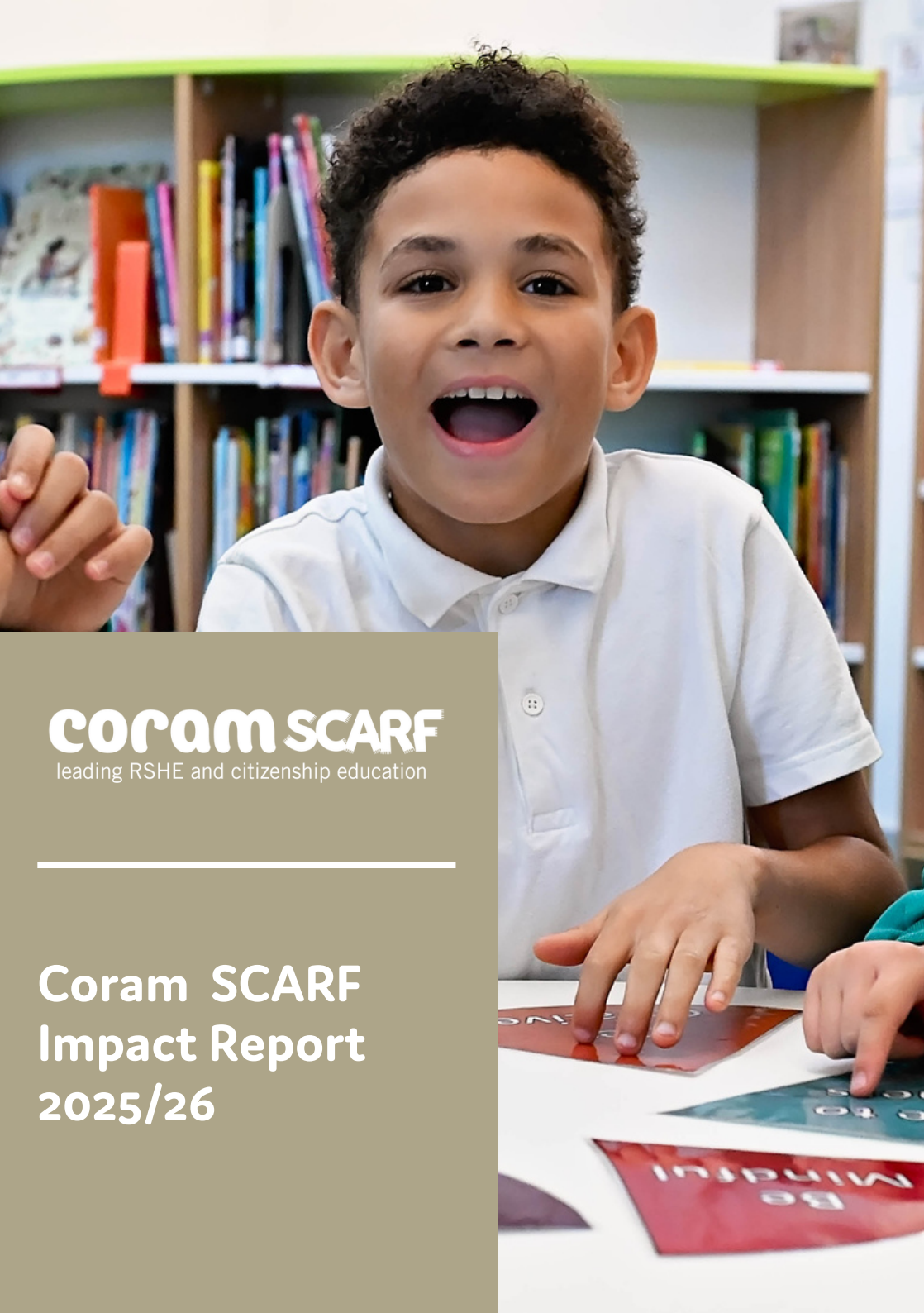




coram SCARF

leading RSHE and citizenship education

Coram SCARF Impact Report 2025/26

SCARF in numbers

778,885

CHILDREN & YOUNG PEOPLE

2,828 **SCHOOLS**

50,776 **TEACHERS**

14,776 **SCARF
WORKSHOPS**

In our 40th year, we reached 778,000 children and young people, a remarkable milestone that highlights both the scale of our impact and the growing need for high-quality health, wellbeing and relationships education. Behind this figure are hundreds of thousands of children gaining the knowledge, confidence and resilience they need to navigate life's challenges and opportunities.

As we look to the future, we remain committed to supporting schools with trusted, evidence-based resources. We have ensured that SCARF is fully aligned with the latest statutory RSHE requirements, helping schools deliver a curriculum that is both compliant and responsive to the needs of today's pupils. We are also excited to launch a new suite of secondary resources from September 2026, extending our support to young people at a crucial stage in their development.

At the same time, our international reach continues to grow, bringing SCARF's proven approach to more schools and communities around the world. Forty years on, our ambition is stronger than ever: to reach more children, deepen our impact, and help every child and young person thrive.

Donna Hill, Head of Coram SCARF

Impact on pupils

Feedback from teachers using SCARF shows it helps children stay safe, healthy and build positive relationships.

Teachers reported that SCARF has a positive impact on children's personal development, helping them to build the knowledge, skills and confidence needed to stay safe, healthy and emotionally well. Children were seen to develop stronger self-management skills, a greater understanding of physical and mental wellbeing, and the ability to form positive, respectful relationships with others. Overall, teachers highlighted SCARF's role in supporting children to thrive both personally and socially.

87% MANAGING THEIR OWN FEELINGS AND BEHAVIOUR

79% UNDERSTANDING HOW TO KEEP THEMSELVES SAFE

81% KNOWLEDGE OF HOW TO KEEP THEMSELVES PHYSICALLY HEALTHY

81% KNOWLEDGE OF HOW TO LOOK AFTER THEIR MENTAL HEALTH

76% DEVELOPING RESPECTFUL RELATIONSHIPS

76% ENCOURAGING PUPILS TO EXPRESS AN OPINION



Year 5 pupils agreed...

71%

The things I learnt in the workshop will help me to make healthier choices.



91%

People have rights and I need to respect their rights.

91%

It's normal for people to feel different emotions



72%

After the workshop, I feel more confident about looking after my feelings.

82%

Puberty changes can affect our body, our emotions and our mind.

Teachers told us....

"SCARF resources have helped our children to develop skills to manage their emotions and behaviour by making positive choices and building self-control."

Class teacher, East Midlands



92% ARE MORE
CONFIDENT TO
TEACH PSHE

99% WOULD
RECOMMEND
SCARF



"Children can be seen applying the skills that they are learning in SCARF in their daily life."

Class teacher, West London



"SCARF resources are easy to follow and regularly updated which means you can trust what you are teaching".

Class teacher, Yorkshire

Impact on teacher confidence

SCARF gives teachers the confidence to deliver high-quality PSHE, with most reporting stronger understanding of pupil wellbeing and improved teaching across their school. It's a trusted, essential part of their PSHE toolkit.

90% HAVE A DEEPER
UNDERSTANDING OF
THEIR PUPILS'
WELLBEING NEEDS

90% 

SAY IT HAS IMPROVED PSHE
TEACHING IN THEIR SCHOOL

92%

SCARF IS AN ESSENTIAL
PART OF OUR SCHOOL'S PSHE,
MENTAL HEALTH AND
WELLBEING PROGRAMME

"When I click on the planning and everything is there, I breathe a relieved sigh every single week. It's so easy to use but so good to teach."

Class teacher,
Yorkshire

Celebrating 40 years

In May, we proudly celebrated 40 years of Coram SCARF at our National Conference, held on the Coram Campus in London.

The event brought together educators, partners, supporters and colleagues from across the network to reflect on four decades of supporting children's health, wellbeing and personal development. It was a valuable opportunity to celebrate the organisation's achievements and recognise the dedication of those who have helped shape our work over the years.



The conference showcased inspiring speakers, engaging workshops and thought-provoking discussions focused on the opportunities and challenges facing children and young people today. Delegates explored innovative approaches to promoting health, wellbeing and resilience, while sharing best practice and strengthening connections across the Coram SCARF community. The event highlighted the continued importance of equipping children with the knowledge, skills and confidence they need to thrive.

A special highlight of the day was taking time to celebrate the people, partnerships and milestones that have contributed to Coram SCARF's success over the past 40 years. Looking back on our journey reinforced the lasting impact of our work in schools and communities, while also inspiring us to look ahead with ambition and purpose. As we enter our fifth decade, we remain committed to helping every child lead a healthy, happy and fulfilling life.



Supporting teachers

96% SCARF HELPS
TO REDUCE
TEACHER
WORKLOAD

94% SCARF IS EASY
TO ACCESS AND
IMPLEMENT

"SCARF resources and planning are very comprehensive and allow the children to learn about various aspects of their life and prepares them for things that may happen to them in the future."

Class Teacher, Essex school



SCARF workshops

Our educator-led workshops bring PSHE to life in the classroom - transforming lessons into meaningful, interactive experiences. By modelling best practice and creating safe, inclusive spaces for discussion, these sessions enrich the curriculum and give both pupils and teachers the confidence to explore big ideas around feelings, relationships, and wellbeing. They're not just workshops - they're catalysts for connection, understanding, and lasting impact.

"Absolutely fantastic workshop which included all children and helped them understand their mental health."

Class teacher, Wessex school

99% THE WORKSHOP
MET THE PUPILS
NEEDS

99% THE WORKSHOP
WAS WELL
DELIVERED



"The workshops were brilliant and highly engaging."

Class teacher,
East Midlands school



SCARF International

Coram SCARF is the chosen partner for schools for RSHE and wellbeing education with 2800+ subscribing schools in 23 countries.



Hannah Loudon, Principal, The Netherlands International school Lagos, told us, " As an international school leader working across three different settings, I have found SCARF to be an invaluable platform in embedding a meaningful and consistent approach to PSHE. Its strength lies in its truly whole-school design, ensuring that wellbeing, personal development and safeguarding are not standalone elements, but fully integrated into the fabric of school life.

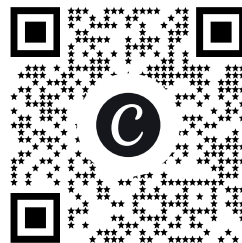
One of the most impactful aspects of SCARF is its progressive, age-related structure. The carefully sequenced units allow for the clear development of both language and key life skills, ensuring that pupils build understanding in a coherent and developmentally appropriate way. This progression supports staff confidence and consistency, enabling high-quality delivery across all year groups. From a leadership perspective, SCARF provides clarity, structure and assurance. It supports teams in delivering a curriculum that is both comprehensive and sensitive to the needs of an international community. For staff, it offers accessible resources, clear guidance and a shared language, which strengthens collaboration and ensures alignment in approach.

The feedback from parents has been overwhelmingly positive. They value the transparency of the curriculum and the way it supports conversations at home. Importantly, SCARF has moved beyond being a programme; it is embedded within our school culture. Our children, staff and parents actively reference it in their daily interactions. It is lived, visible and meaningful.

In all three of my settings, SCARF has become part of who we are as a school community. It has helped us to create an environment where everyone feels safe, supported and empowered, and where personal, social and emotional development is given the importance it truly deserves."

What's new for 2026/27

Looking ahead to 2026/27, we are incredibly excited about the future of Coram SCARF and the opportunity to build on our impact in supporting children and young people's health, wellbeing and personal development.



As schools continue to navigate an evolving landscape, we remain committed to providing innovative, high-quality resources that help educators deliver engaging and meaningful PSHE education with confidence.

A major highlight of the year will be the launch of our new Secondary SCARF resource for Key Stages 3 and 4. This landmark development will extend the trusted SCARF approach into secondary education, providing schools with a seamless curriculum journey from early years through to adolescence.

We are delighted to bring this new offer to schools, supporting young people with the knowledge, skills and resilience they need to thrive in an increasingly complex world.

Contact Us

To find out more about our work please get in touch:

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You can keep up to date with us online:



coramscarf.org.uk



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