

DR. HAROLD'S

BODY QUIZ

DO YOU KNOW YOUR BODY FACTS?

Put a ✓ next to the right answers.

1. Your brain weighs

- a) Less than 1.5kg
- b) More than 2kg
- c) About 5kg



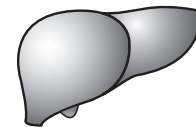
2. Your large intestine

- a) Helps to digest your food
- b) Stores the waste food
- c) Stores waste water



3. Your liver

- a) Helps you to breathe
- b) Stores the waste food
- c) Cleans your blood



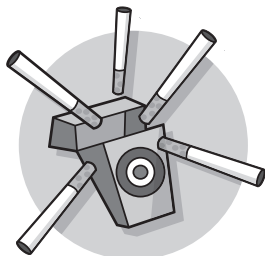
4. Alcohol can damage

- a) A person's lungs
- b) A person's brain
- c) A person's heart and liver



5. Cigarettes can damage

- a) A person's lungs
- b) A person's heart
- c) Many parts of a person's body



How did you do? Come back tomorrow for the answers!

Now try this quiz out on other people in your family